

Southside Community Center

5585 Cottle Rd., San José 95123

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Supervisor: Alan Briscoe

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Bus Lines: 27 and 68

Types of Programs: Fee class, rental, senior programs, senior nutrition, and special events.

GETTING TO SOUTHSIDE

County Transit bus lines #27 and #68 run very close to our Center. #27 stops right in front on Poughkeepsie Road and #68 stops across the street on Cottle Road in front of the Unocal 76 Gas Station. We are down the street from Light Rail.

ARTS & CRAFTS

Basic Oil Painting \$75

Have fun learning how to mix colors, how to use different techniques, perspectives & how to become comfortable with brushes. Create pictures that you will be proud of hanging on your walls. A supply list will be mailed with class confirmation.

Instructor: Asghari

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.101	T	10/5-12/7	5:30-8pm	14+	10	SS

My First Art Class \$52

Spend quality time with your toddler creating art and having fun together! Each week will feature a new theme with five art stations all consisting of new and exciting projects. The class ends on a musical note with lots of singing and dancing and having too much fun! Parents must attend class with registered child only. Wear your grubbies. See instructor for optional \$16.00 toddler art project book.

Instructor: My First Art Class

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.104	F	10/1-10/22	9:30-10:30am	18-36m	4	SS
216.2.105	F	10/1-10/22	10:45-11:45am	2-5	4	SS
216.2.106	F	10/29-11/19	9:30-10:30am	18-36m	4	SS
216.2.107	F	10/29-11/19	10:45-11:45am	2-5	4	SS

Fun with Mud \$128

Get your hands dirty while you tackle the basics of sculpting forms & experience the joy of slippery clay through your fingers. Students will engage in fun & learning as they take a trip to the Museum & explore SJMA's Collection Highlights. Students will create their own ceramic "master piece" inspired by the art they have seen & experienced.

Instructor: San José Museum of Art

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.102	T	10/5-11/30	5-6:30pm	7-12	9	SS

Mixed Media Drawing and Colored Pencils For Parent and Child \$58 per one adult & one child

This unique Art Workshop designed for parent/guardian and one child, will help participants work together and learn a broad base of art instruction which will develop their skills in a range of artistic techniques. This class will focus on drawing and using colored pencils. A supply list will be given at the first meeting.

No Class 10/11

Instructor: Asghari

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.103	M	10/4-11/29	5-7:30pm	Adult/Child	8	SS

Throwing Paint \$112

No experience necessary. Just a willingness to toss in your good clothes and throw on your smock! Explore expressive painting techniques and answer age-old questions: What happens to colors when they collide? or How do artists create illusion? During a gallery visit through San José Museum of Art's Collection Highlights, students will see what happens when paint hits the surface!

No Class 10/11

Instructor: San José Museum of Art

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.108	M	10/4-11/22	4:30-5:30pm	5-6	7	SS

Southside Community Center continues on the next page





DANCE

Ballet & Tap Level I \$49

Enjoy a class filled with both ballet and tap. You will learn the basics of ballet & tap. Parents may attend a 10 minute overview at the first class meeting and a performance at the last class meeting. **Location:** 5725 Winfield Blvd. #4

No Class 11/10, 11/24

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.231	W	10/6-12/8	9-9:55am	3-5	8	DAA
216.2.232	T	10/5-11/23	11-11:55am	3-5	8	SS
216.2.233	T	10/5-11/23	3:30-4:25pm	6-10	8	SS

Ballet & Tap II \$49

Advance class for continuing students who have taken the class before or students who know the basics of ballet and tap. The students will expand their skills in ballet, steps & routines will be taught along with basic steps and routines. Parents may attend a 10 minute overview at the first class meeting and a performance at the last class meeting. **Location:** 5725 Winfield Blvd. #4

No Class 11/10, 11/11, 11/24, 11/25

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.234	Th	10/7-12/9	3:30-4:25pm	8-10	8	DAA
216.2.235	W	10/6-12/8	3:30-4:25pm	5-7	8	SS

Bouncin' Babies \$70

An active class for all babies and parents. Shake, rattle and roll to exciting and lively music, use tambourines, shakers, drums, and other fun instruments. The class will also have an emphasis on pre-walking and early walking skills.

No Class 10/11

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.203	M	10/4-11/29	9:30-10:15am	10-18m	8	SS

Cheerleading \$70

Children will learn cheerleading moves, routines and cheers. This class will help children gain self-esteem while having fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.204	T	10/5-12/7	5:30-6:10pm	5-7	10	SS
216.2.205	T	10/5-12/7	6:15-6:55pm	8-13	10	SS
216.2.206	T	10/5-12/7	7-7:40pm	ADV	10	SS

Creative Movement Song & Dance \$70

A fun class for the little one. Be a bird, butterfly, and bunny or just be yourself and act funny! Children will learn to dance and move to nursery songs & popular children's tunes. Participants will dance w/scarves, wands, hula hoops & more.

No Class 11/12, 11/26

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.223	F	10/8-12/9	2-2:45pm	3-5	8	SS

Dancin' Boogie Babies \$70

Come have some serious fun with your little one and do the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and children's show tunes. Jump, run, hop and boogie away with hula hoops, dancing scarves, bean bags and more. Class will also includes tumbling on mats with easy stretches and exercises to do with your baby.

No Class 10/11, 11/12, 11/26

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.207	M	10/4-11/29	10:30-11:15am	19-30m	8	SS
216.2.201	F	10/8-12/9	10:30-11:15am	19-30m	8	SS

Floor Gymnastics \$49

Like to move? Come and learn basic gymnastic skills such as cartwheels, backbends, headstands, and more. **Location:** 5725 Winfield Blvd. #4

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.214	T	10/5-11/23	4:30-5:25pm	6-10	8	SS

Fun Fitness/Tumbling \$70

Come join this active fun class. Students will learn basic front rolls, back rolls, somersaults, headstands, bridges, crabwalks and more. Fitness warm-ups and energized exercises to music are included. This class enhances your child's coordination, motor skills balance, strength, flexibility and self-confidence.

No Class 10/11

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.215	M	10/4-11/29	2-2:45pm	3-5	8	SS

Hip-Hop Dance – Level I \$49

Explore beginning and Hip Hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety, and of course have fun doing it. **Location:** 5725 Winfield Blvd. #4

No Class 10/11, 11/12, 11/25

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.209	W	10/6-12/8	4:30-5:25pm	4-7	8	SS
216.2.210	Th	10/7-12/9	4:30-5:25pm	6-10	8	DAA

Hip-Hop Dance II \$49

A continuing class for previous Hip-Hop students. Enhance on Hip Hop dance skills through regular practices with music dance techniques. Improve on coordination skills, interpersonal skills, and overcome performance anxiety... and of course have fun doing it. **Location:** 5725 Winfield Blvd. #4

No Class 11/11, 11/25

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.211	Th	10/7-12/9	4:30-5:25pm	6-10	8	SS

VOLUNTEER!
It's your community



Jazz Dance/ Tap Combo \$70

Come join this great combination class of tap and jazz dance. Students will learn tap steps and routines along with energizing jazz moves and combinations to fun upbeat music! So put on your dancing shoes and let's jam.

No Class 10/11

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.216	M	10/4-11/29	3-3:55pm	4-6	8	SS

Jazz Dance/Fitness/ Hip Hop \$70

Join this energizing and electrifying dance class and learn synchronized moves to a jazzy and funky beat. Be part of the new age, new rage dance. Sensations just like you see on T.V. videos. Learn jazz steps and the latest moves of today. Serious fun for everyone.

No Class 10/11

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.217	M	10/4-11/29	4-4:55pm	7-10	8	SS

Jazz Dance/Hip Hop \$49

Explore beginner and intermediate Hip Hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety, and of course have fun doing it.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.225	T	10/5-11/23	9-9:55am	3-6	8	DAA

Kindergymnastics \$49

Designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents may attend a 10-minute overview at the first class meeting and a performance at the last class meeting only. **Location:** 5725 Winfield Blvd. #4

No Class 11/10, 11/24

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.212	T	10/5-11/23	11-11:55am	3-6	8	DAA
216.2.213	W	10/6-12/8	10-10:55am	3-6	8	DAA

Little Shining Stars \$70

Fosters confidence and self-esteem in your child while they explore creativity and imagination through fun, fast-paced drama games and activities. Students will explore movement, puppetry, rhythm, mime, and acting in a supportive and positive environment. Children won't want to miss out on this wonderful opportunity to experience the magic of theater and fun! Note: dress comfortably.

No Class 11/12, 11/26

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.218	F	10/8-12/9	11:30am-12:15pm	3-5	8	SS

Parent-Toddler Gymnastics \$49

This is a parent participation class where the parent can work with their child to stimulate development through music, games and body awareness. Only registered participants are allowed in class. **Location:** 5725 Winfield Blvd. #4

No Class 11/10, 11/24

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.219	T	10/5-11/23	10-10:55am	22-36m	8	SS
216.2.220	T	10/5-11/23	10-10:55am	22-36m	8	DAA
216.2.221	W	10/6-12/8	11-11:55am	22-36m	8	DAA

Tap & Ballet Combo \$70

In this joyful combination class of ballet and tap, routines, steps and ballet positions will be taught. Come shuffle those happy feet and learn some basic tap steps routines. A fun class for everyone, it also builds self-confidence, grace, coordination, a sense of rhythm, flexibility and more!

No Class 11/12, 11/26

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.224	F	10/8-12/9	3-3:45pm	2.5-3.5	8	SS

Terrific Tots \$70

This is a creative, imaginative, and serious fun class for toddlers and parents. Children will do what their bodies are meant to do: move and explore! Class includes activities such as singing and dancing to popular show tunes and preschool songs. Everyone plays with hula-hoops, balls, scarves, and musical instruments. Come jump, run, hop, and frolic around. Be a bird, butterfly, bunny or just be yourself and act funny.

No Class 10/11, 11/12, 11/26

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.236	M	10/4-11/29	11:30am-12:15pm	2.5-3.5	8	SS
216.2.202	F	10/8-12/9	9:30-10:15am	2.5-3.5	8	SS

Twinkle Toes Ballet \$70

This "serious fun" class for tiny tots will teach grace, coordination, balance and improve your child's rhythm. Simple ballet positions and steps will be taught to beautiful classical music. Ballet shoes are recommended.

No Class 11/12, 11/26

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.222	F	10/8-12/9	1-1:45pm	3-5	8	SS

Tiny Tot Tap Ballet Combo \$70

Come join the fun! This class is a joyful introduction to tap and ballet. Learn ballet positions and tap routines using basic steps and have lots of fun developing coordination and a sense of rhythm. Ballet and tap shoes are recommended.

No Class 10/11

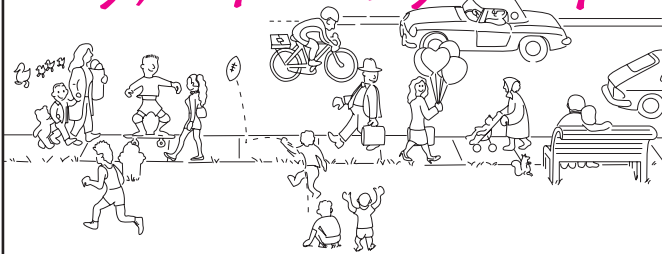
Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.208	M	10/4-11/29	1-1:45pm	3-5	8	SS

Southside Community Center continues on the next page

Parks, Recreation and Neighborhood Services Vision

Communities of People
connected by
Play, Hope & Joy in Life.





EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 97.

Kinder Ready **\$400**

Children entering Kindergarten in the Fall of 2005 are welcome to spend a few hours a day enriching their lives through age appropriate activities. Activities may include but not limited to crafts, circle time, games, parties, story time and sharing. Children should have basic knowledge of numbers and letters for further enrichment activities. Classes are designed to promote social skills and working independently. The emphasis of the class is on FUN! Child must be completely toilet trained. Please include a copy of the child's birth certificate with the registration. **This class is designed for students that are turning 5 years old by December 2, 2005. NO EXCEPTIONS.**

No Class 10/11, 11/11, 11/25, 11/26 *Instructor: Coffee/Ulrich*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.301	M-Th	10/4-12/9	9am-1pm	4-5	37	SS

Kinder Ready **\$360**

Instructor: Murdock/Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.302	M/W/F	10/4-12/15	9:15am-12:45pm	4-5	30	SS
216.2.303	T/W/Th	10/5-12/15	1:15-4:45pm	4-5	30	SS

Kindertots **\$340**

This class emphasizes age appropriate activities, which may include, but not limited to, crafts, stories, parties, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Children should have a general understanding of their numbers and letters, so that these skills can be improved, however the emphasis of the class is on fun. Please include a copy of the child's birth certificate with the registration. Child must be toilet trained.

No Class 10/11, 11/11, 11/25, 11/26 *Instructor: Roth/Torres*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.304	M/W/F	10/4-12/15	9:15am-12:15pm	4-5	30	SS
216.2.305	T/W/Th	10/5-12/15	12:45-3:45pm	4-5	30	SS

Kinder Tots **\$340**

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.306	T/W/Th	10/5-12/16	1:30-4:30pm	4-5	30	SS

Kinder Tots **\$290**

Instructor: Roth/Torres

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.307	T/Th	10/5-12/16	9:15am-12:15pm	4-5	20	SS

Para la información en español, llamada 408-277-4000

Tiny Tots **\$340**

This class is designed to introduce participants to independence, social skills, hand/eye coordination, and new concepts through various crafts, story time, parties, games and age appropriate enrichment activities. The emphasis of the class is on FUN! Child must be completely toilet trained. Please include a copy of the child's birth certificate with the registration.

No Class 10/11, 11/11, 11/25, 11/26 *Instructor: Gavin/Staff*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.308	M/W/F	10/4-12/15	9am-12pm	3-4	30	SS
216.2.309	T/W/Th	10/5-12/15	12:30-3:30pm	3-4	30	SS

Tiny Tots **\$300**

No Class 10/11, 11/11, 11/25, 11/26 *Instructor: Murdock/Staff*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.310	T/Th	10/5-12/15	9:15am-12:45pm	3-4	20	SS

Tiny Tots **\$290**

Instructor: Gavin/Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.311	T/Th	10/5-12/16	9am-12pm	3-4	20	SS

MUSIC/THEATER ARTS

Creative Movement Dance Workshop **\$92**

A fun creative movement class that develops coordination, attention span and gross motor movement skills for children.

Instructor: Theater Fun

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.401	T	10/5-11/9	4:30-5:15pm	3-6	6	SS

Fairytale Theater Workshop **\$92**

Every week a new fairy tale! Hear the story then act it out through the magic of creative drama.

Instructor: Theater Fun

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.402	T	10/5-11/9	2:30-3:15pm	3-5	6	SS

Hello Hollywood **\$31**

This hands-on, fun workshop is similar to Drew Carey's TV show "Whose Line Is It Anyway?" Guaranteed to be theatrically educational, interactive, entertaining, funny, experimental and creatively challenging. No scripts and no homework! Learn to improvise and think fast on your feet. Students will receive a certificate upon completion of this course. www.hellohollywoodproductions.com

No Class 11/11, 11/25

Instructor: Lee

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.403	Th	10/7-12/9	6:30-7:30pm	8-17	8	SS

Mommy & Me Story Time Theater **\$92**

Parents participate with their preschoolers in this fairy tale workshop. Each class involves a new story. Our "storytellers" read the story and children act it out through the magic of creative drama! Children will also make a craft each class that corresponds with the story of the week.

Instructor: Theater Fun

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.404	T	10/5-11/9	3:30-4:15pm	3-5	6	SS

Piano/Keyboard - Level I \$67

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. **Level I:** Beginner level with no prior keyboard experience. Access to a piano or keyboard is recommended. A \$7.00 music book fee for ages 6-12 is payable to the instructor and will be collected at the first class. A \$15.00 music book fee for ages 13+ is payable to the instructor and will be collected at the first class. Students must bring their own set of 1/4" headphones.

*No Class 11/11, 11/25**Instructor: Noteworthy Music*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.405	Th	10/7-12/9	3:15-4pm	6-7	8	SS
216.2.406	Th	10/7-12/9	4:05-4:50pm	8-12	8	SS

Piano/Keyboard - Level II \$67

Must have completed Level I or have prior piano experience.

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.407	Th	10/7-12/9	4:55-5:40pm	6-12	8	SS

Piano/Keyboard - Level II/III \$67

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.408	Th	10/7-12/9	5:45-6:30pm	6-12	8	SS

Theatrical Art Adventures \$87

A favorite for preschoolers, this class blends creative drama, dance, music & visual arts for a one-of-a-kind program. Children explore the various fields of art with costumes, props, music, arts & crafts, and lots of imagination! With emphasis on the process rather than the product, participants are inspired to develop individual talents and realize the artist that lies within!

*No Class 11/24**Instructor: CLAP*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.409	W	10/6-12/7	2:15-3pm	2-4*	8	SS
216.2.410	W	10/6-12/7	3:15-4pm	3-5	8	SS

*Parental participation is required.

SPECIALTY CLASSES**Chess \$60**

Learn how the pieces move, simple strategies and how to develop basic combinations for a winning chess game. Chess will teach your child how to think critically while having fun. Class boards are provided and also available for purchase to practice at home. There will be a chess tournament on the final day of class.

*No Class 11/11, 11/25**Instructor: KidSafe*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.604	Th	10/7-12/9	4:30-5:30pm	6-8	8	SS

Light, Sight, & Sound \$109

Enjoy 8 exciting weeks learning, experimenting and so much more. You'll be shocked by what you learn about static electricity in Watts-Up. Test to see if you have a magnetic personality in Magnetic Magic. You'll see it, but you might not believe it, in Optical Illusions. Experience a spectacular indoor fireworks display in Lights, Color...Action! Discover some amazing sound effects and learn about sound in Sonic Sounds. Harness some energy as you learn all about heat, and then make your very own cotton candy (it's an experiment, right!) Take the Mad Science taste challenge and map out your tongue as you discover Tantalizing Taste. Finally learn all about polymers as you make your own batch of oozing slime to take home.

*No Class 10/11**Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.601	M	10/4-11/29	5-6pm	5-12	8	SS

Energy, Forces & Flight \$109

Enjoy eight exciting weeks learning, experimenting and so much more. Take a tour on the electron freeway, as we study "current" events. Grow your very own crystal garden as we eliminate the mystery in Che-Mystery. Learn about the incredible "Fun"-damental Forces as we study gravity, inertia and centripetal force, and then discover what shapes make the world's strongest buildings. Explore aerodynamics and the properties of air, and make your very own loop-flying stunt plane.

*No Class 11/11, 11/25**Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.602	Th	10/7-12/9	5-6pm	5-12	8	SS

Preschool Workshops – Bodyworks! \$84

Discover your body and senses in this series of workshops. Meet Mr. Bones and learn about the major organs and muscles in your body. Learn why some things are safe to touch and others are not. Experiment with magnifying glasses, kaleidoscopes and binoculars. Play with a wave motion model and twirling tubes to learn how sound travels in waves and can be heard in a variety of pitches. Join us on a journey through your nose and taste buds, and learn about primary colors and the rainbow.

*No Class 11/11**Instructor: Mad Science*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.603	Th	10/7-11/18	10:30-11:15pm	3-5	6	SS

SPORTS & FITNESS**Guided Meditation \$40**

You will be guided through 4 different meditations to help relieve stress and provide overall wellness. Your instructor will help you get started on a healthy habit of renewal and revitalization.

Instructor: Pickel

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.716	Sa	9/11-10/2	4-5pm	18+	4	SS

Southside Community Center continues on the next page

Visit us on the web at www.sanjoseca.gov/prns or
email us at PRNS@sanjoseca.gov



SPORTS & FITNESS

Ice Skating Lessons

\$107

Does your child want to be the next Mike Ricci or Khristi Yamaguchi? Southside and Logitech Ice Center is offering an 8 week introductory series that will cover the proper way to fall down, get up, two footed glide, one foot glide, forward swizzles, forward stroking, backward swizzles, stopping, and an introductory spin. The series includes a 30 minute class once a week and the public session the day of the class. Skate rental is included in the class price. Location: 1500 S. 10th St.

No Class 11/12, 11/26

Instructor: Ice Centre

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.501	F	10/8-12/10	3:30-4pm	6-9	8	SJIC
216.2.502	F	10/8-12/10	4-4:30pm	8-12	8	SJIC

Ice Skating Lessons for Parent & Child

\$167

Spend an hour with your child learning/enhancing basic skating moves. Logitech Ice Center is offering an 8 week introductory series that will cover the proper way to fall down, get up, two footed glide, one foot glide, forward swizzles, forward stroking, backward swizzles, stopping, and an introductory spin (please be advised some skills may not be covered due to experiences of participants). The series includes a 30 minute class once a week and the public session the day of the class. Skate rental is included in the class price. Location: 1500 S. 10th St.

Instructor: Ice Centre

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.503	T	10/5-11/23	2:30-3:30pm	3-6	8	SJIC

Little Ninja Fitness Fun

\$56

This fun-filled class will give your child a great workout! Each little ninja will learn basic warm-up exercises, karate moves and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way. Check with your instructor on uniform, belt testing and certification at the end of the session.

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.542	Th	9/16-11/4	11:45am-12:45pm	3-5	8	SS

Self Defense and Safety Awareness

\$70

Children will learn self defense and safety awareness in a fun and safe environment. Classes will be tailored to each age group according to physical, mental, and emotional ability. Children will be taught both verbal and physical skills involved in self defense. Emphasis will be placed on increasing the student's awareness of potentially dangerous situations.

No Class 10/11

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.504	M	10/4-12/13	5:15-5:55pm	Beg	10	SS
216.2.505	M	10/4-12/13	6-6:40pm	Yellow	10	SS
216.2.506	M	10/4-12/13	6:45-7:25pm	Orange	10	SS
216.2.507	M	10/4-12-13	7:30-8:10pm	Purple +10	SS	

Tennis – Beg/Int/Adv/Private/Family and Team Play

For lessons at Cahalan Park, Los Paseos Park and Edenvale Garden Park Please call 629-3336 for a flyer.

YOGA Parent/Child

\$78

Enjoy bonding with your child while you both increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus in relieving tension in your back, neck, shoulders and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture. Kids will enjoy stretching and mimicking you.

Instructor: Pickel

Course#	Day	Date	Time	Age	Mtg.	Loc
216.2.541	Th	9/16-11/4	10:30-11:30am	3-5	8	SS

Neáu quyù vò cànn giuùp dòch taäp
Höòung Daän Hoaï t Ñöäng Toaøn
Thaønñ Phoa Cuûa Sôû Coâng Viêñ,
Giaûi Trí vaø Dòch Vui Khu Phoa, xin
lieân laïc ñöðöng ða ây tin töùc cuûa
Thaønñ Phoa San Jose ôu sôá
(408) 277-4000.

Youth Activities Grant Fund

The City of San José Department of Parks, Recreation and Neighborhood Services has established a Youth Activities Grant Fund to expand recreational opportunities for disadvantaged youth. This fund allows disadvantaged youth to participate in classes, programs, and activities.

By donating to the Youth Activities Grant Fund, you will provide an underprivileged youth opportunities previously-unavailable. If you are interested in the program or to learn more about the Youth Scholarship Assistance Program, please contact your nearest PRNS Community Center or other PRNS Facility.



Kidz Love Soccer**\$68**

Kidz 3.5-12 years of age learn the world's most popular sport from professional coaches licensed in the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is always fun to fun™" Log onto www.kidzlovesoccer.com for more information.

Rain out Hotline 1-800-399-8111

Tot Soccer (3.5-4yrs.)- Young children will develop large motor skills while having fun running and kicking just like the big kids! Shin guards are required by the second meeting

Presoccer (4-5yrs.)- Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required by the second meeting

Soccer 1 (5-6yrs.)- Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required by the second meeting

Soccer 2 (7-8yrs.) & Soccer 3 (9-12yrs.)- Play the exciting game of Soccer! Explore the real sport, yet still in an instructional and nurturing environment. Be challenged by real soccer situation, venture into the fun tactical side of scrimmaging. Players 7 - 12 years will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS youth specialist. Attack and Scoring goals! Pace and Possession! Defense and Transition! Themes such as these and continued skill building will be explored fully on the soccer field by young soccer aficionados. Kidz Love Soccer_ where the score is always FUN to FUN!

Rain out Hotline 1-800-399-8111

Pre-Soccer:

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.508	T	9/28-11/16	10-10:35am	4-5	8	LC
216.2.509	T	9/28-11/16	2:45-3:20pm	4-5	8	LC
216.2.510	Sa	9/25-11/13	2:30-3:05pm	4-5	8	LC

Soccer 1:

216.2.511	T	9/28-11/16	3:20-4:05pm	5-6	8	LC
216.2.512	Sa	9/25-11/13	3:05-3:50pm	5-6	8	LC

Soccer 2:

216.2.513	T	9/28-11/16	4:05-4:50pm	7-8	8	LC
216.2.514	Sa	9/25-11/13	3:50-4:35pm	7-8	8	LC

Soccer 3:

216.2.515	T	9/28-11/16	4:05-5:05pm	9-12	8	LC
216.2.516	Sa	9/25-11/13	3:50-4:50pm	9-12	8	LC

Tot Soccer:

216.2.517	T	9/28-11/16	9:30-10am	3.5-4	8	LC
216.2.518	Sa	9/25-11/13	2-2:30pm	3.5-4	8	LC
216.2.519	T	9/28-11/16	4:50-5:20pm	3.5-4	8	LC

SPORTS PROGRAMS**Skyhawks Sports Program**

Multi-Sport: This new multi-sport program is being offered by Hawk Solutions, a new year-round division of Skyhawks. All Hawk Solutions programs utilize Skyhawks certified Coaches. The multi-sport program consists of Soccer, Baseball, Basketball and School Yard sports. This fast-paced program is designed to teach the basic skills in a fun and enjoyable atmosphere. Participants are challenged daily in each of the activities by structured exercises and fun games.

Curriculum Format: Skyhawks has developed various levels for its programs so participants can learn and develop through a natural progression. These levels are designed so that Skyhawks can focus its teaching to the proper age level and reduce the age gap between participants. The levels may be offered at the same time and location but will be split by age level more appropriately. The Skyhawks level of instruction will be tailored to the level of the players.

Tiny-Hawks**8 weeks \$70 / 4 weeks \$42**

Skyhawks is pleased to introduce its newest program for 3.5 to 4 year olds to help children fine-tune their motor skills in Soccer and Basketball. No pressure, just lots of fun while these little athletes learn the basics of sport through unique games. Age-appropriate games and equipment will be used! Our staff is committed to creating a positive introduction to sports. Parent involvement may be required if necessary. Participant-to-coach ratio is approximately 6:1.

No Class 10/11, 11/11

Course#	Day	Date	Time	Age	Mtg.	Loc
216.2.523	M	9/20-11/15	10-10:30am	3.5-4	8	LC
216.2.524	M	9/20-11/15	2:45-3:15pm	3.5-4	8	LC
216.2.525	Th	9/23-11/18	10-10:30am	3.5-4	8	LC
216.2.526	Th	9/23-11/18	2:45-3:15pm	3.5-4	8	LC
216.2.535	M	11/22-12/13	10-10:30am	3.5-4	4	LC
216.2.536	M	11/22-12/13	2:45-3:15pm	3.5-4	4	LC

Mini-Hawks**8 weeks \$70 / 4 weeks \$42**

An introductory program for young children, Mini-Hawks helps children explore soccer, baseball and basketball in a day-program setting. No pressure, just lots of fun while these young athletes participate in all three sports through unique games. Our Mini-Hawks coaching staff is trained to meet the special needs of young children. We are committed to helping children start off on the right foot, as they take their first steps into athletics. Participant-to-coach ratio is approximately 8:1.

No Class 10/11, 11/11

Course#	Day	Date	Time	Age	Mtg.	Loc
216.2.527	M	9/20-11/15	10:40-11:25am	4-5	8	LC
216.2.528	M	9/20-11/15	1:55-2:40 pm	4-5	8	LC
216.2.529	M	9/20-11/15	3:20-4:05pm	5-7	8	LC
216.2.530	Th	9/23-11/18	10:40-11:25am	4-5	8	LC
216.2.531	Th	9/23-11/18	1:55-2:40pm	4-5	8	LC
216.2.532	Th	9/23-11/18	3:20-4:05pm	5-7	8	LC
216.2.537	M	11/22-12/13	10:40-11:25am	4-5	4	LC
216.2.538	M	11/22-12/13	1:55-2:40pm	4-5	4	LC
216.2.539	M	11/22-12/13	3:20-4:05pm	5-7	4	LC

Southside Community Center continues on the next page



SPORTS PROGRAMS

Mighty-Hawks 8 weeks \$70 / 4 weeks \$42

Skyhawks now offers Mighty-Hawk programs in Soccer, Baseball, Basketball, Flag Football and Tennis, and our focus remains on teaching the fundamentals in a fun and creative atmosphere. The program could also be tailored for the all-around player who wants to try all three; Soccer, Baseball and Basketball. The program format introduces beginning athletes to the experience of sport-specific instruction in a non-competitive setting. Mighty-Hawks participant-to-coach ratio is approximately 10:1.

No Class 10/11, 11/11

Course#	Day	Date	Time	Age	Mtg.	Loc
216.2.533	M	9/20-11/15	4:10-5:10pm	8-10	8	LC
216.2.534	Th	9/23-11/18	4:10-5:10pm	8-10	8	LC
216.2.540	M	11/22-12/13	4:10-5:10pm	8-10	4	LC
216.2.540	M	11/22-12/13	4:10-5:10pm	8-10	4	LC

Winter Warriors Soccer – Level 1 \$83

Join Kidz Love Soccer for eight Saturdays as boys and girls play games in a 6-on-6 format. This allows participants multiple touches on the ball, lots of running around and super soccer action! Each team can have a maximum of nine players. Players will receive tactical and technical instruction from a Kidz Love Soccer coach, who also officiates the game. In addition, all players will receive a soccer shirt in their team's color and a participation award on the last day of play. Rain-out Hotline 1-800-399-8111

No Class 12/25, 1/1

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc
216.2.520	Sa	12/4-2/5	1:45-2:30pm	5-6	8	LC

Winter Warriors Soccer – Level 2 \$83

Course#	Day	Date	Time	Age	Mtg.	Loc
216.2.521	Sa	12/4-2/5	2:30-3:15pm	7-8	8	LC

Winter Warriors Soccer – Level 3 \$83

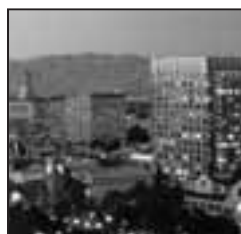
Course#	Day	Date	Time	Age	Mtg.	Loc
216.2.522	Sa	12/4-2/5	3:30-4:30pm	9-12	8	LC

SPORTS LEAGUE

SJAS Sports Coed Flag Football \$58

The sport is for children ages 4 through 12 years old. All games and practices are held on Saturday's at La Colina Park. Registration will begin on Monday, August 30, 2004 and end on Friday, September 17, 2004. Registration will be on a walk-in (Southside Community & Senior Center 5585 Cottle Rd.) or fax (408- 365-7135) basis. The league will begin Saturday, October 9, 2004 and end Saturday, November 20, 2004. Game times will vary between the hours of 9:00am and 2:00pm. **Parents are needed as volunteer coaches and must be fingerprinted. Please use the SJAS Sports Registration Form.** Call 408-629-3336 for more information.

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.921	Sa	10/9-11/20	Varies	4-12	7	LC



What are the three core services provided by the City of San José, Parks, Recreation and Neighborhood Services?

Neighborhood Livability Services

Support community residents, schools and neighborhood organizations to make their neighborhoods more livable, provide and maintain open space and neighborhood parks.

Life Enjoyment Services

Provide opportunities for City residents to play, learn, socialize and receive supportive assistance to live healthy and enriched lifestyles.

Community Strengthening Services

Provide services that enable individuals and groups to exercise power and influence over their own lives and communities.

ADULT CLASSES

Ballroom Dance

\$91

Have fun with the Salsa, Swing, Cha Cha, Tango, Rumba and Nightclub Two Step. Positions, step patterns, lead/follow and etiquette will be taught. Social Dance is a great way to meet people, build confidence and get a swinging workout. Informal dress is fine. Please wear shoes with a smooth surface and come prepared to dance your socks off. The patient and dedicated Jason Esswein will be your instructor throughout the class.

Instructor: Esswein

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.702	T	10/5-11/23	7:30-9pm	18+	8	SS

Clay Pasa

\$169

This introductory class for adults will cover basic hand-building techniques for creating ceramic sculpture. Slab construction, coiling & pinch-forming methods will be explored through a variety of exceptionally fun & interesting projects inspired by works in SJMA's Permanent Collection. Surface texture techniques such as stamping, carving and glazing will also be introduced.

*No Class 10/11**Instructor: San José Museum of Arts*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.703	M	10/4-12/6	6:30-8:30pm	18+	9	SS

Hello Hollywood

\$50

This hands-on, fun workshop is similar to Drew Carey's TV show "Whose Line Is It Anyway?". Guaranteed to be theatrically educational, interactive, entertaining, funny, experimental and creatively challenging. No scripts and no homework! Learn to improvise and think fast on your feet. Students will receive a certificate upon completion of this course. www.hellohollywoodproductions.com

*No Class 11/11, 11/25**Instructor: Lee*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.704	Th	10/7-12/9	7:30-9pm	18+	8	SS

Low Impact Aerobics

\$80

A total body workout designed for the beginner level. Emphasis will be placed on low impact moves.

Instructor: Bolden

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.718	T/Th	10/5-12/16	6-7pm	18+	20	SS

Piano/Keyboard Level I

\$67

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Level I: Beginner level with no prior keyboard experience. Access to a piano or keyboard is recommended. A \$15 music book fee for ages 13+ is payable to the instructor and will be collected at the first class. Students must bring their own set of 1/4" headphones.

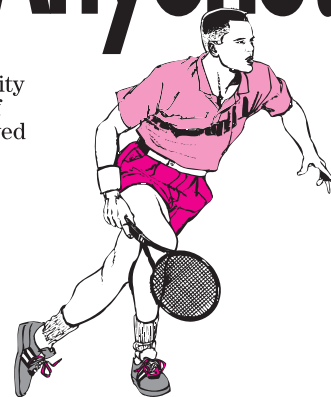
*No Class 11/11, 11/25**Instructor: Noteworthy Music*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.706	Th	10/7-12/9	6:35-7:20pm	18+	8	SS

Tennis Anyone?

Twenty-one City parks include tennis courts for City residents to enjoy. Many of these courts may be reserved by calling (408) 369-3907.

Tennis classes are offered through many City community centers. Check the class listings for times and locations.



Step Aerobics

\$40

This is a beginning level class including body toning. This fun, cardiovascular, low impact, high intensity workout will get you in shape.

*No Class 11/13**Instructor: Ridi*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.710	Sa	10/2-12/11	8:30-9:30am	18+	10	SS

Step Aerobics

\$80

*No Class 11/11, 11/25, 11/27**Instructor: Bolden*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.717	T/Th	10/5-12/16	7:15-8:15pm	18+	20	SS

Yoga

\$88

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

Instructor: Pickel

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.711	T	9/14-11/2	6-7:30pm	18+	8	SS
216.2.712	T	9/14-11/2	7:30-9pm	18+	8	SS
216.2.713	T	11/9-1/11	6-7:30pm	18+	8	SS
216.2.714	T	11/9-1/11	7:30-9pm	18+	8	SS

Yoga

\$78

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.715	Th	9/16-11/4	9:30-10:30am	18+	8	SS

SENIOR PROGRAMS

For more information on the Southside Senior program, see page 27.

Southside Community Center continues on the next page.

SAN JOSE AFTER SCHOOL

Southside Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-5123.

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Sites	Level	Time
Anderson Elementary School	Level 1	*
Baldwin Elementary School	Level 1	*
Bernal Intermediate School	Level 1	*
Caroline Davis Intermediate School	Level 1	*
Christopher Elementary School	Level 3	3-6pm
Eden Palms Apartments	Level 1	*
Edenvale Elementary School	Level 3	2:30-6pm
Frost Elementary School	Level 1	*
George Miner Elementary School	Level 3	2:30-6pm
Glider Elementary School	Level 1	*
Hayes Elementary School	Level 1	*
Herman Intermediate School	Level 1	*
Ledesma Elementary School	Level 1	*
Martin Murphy Middle School	Level 1	*
Oak Grove High School	Level 1	*
Oak Ridge Elementary School	Level 2	2-4:30pm
Sakamoto Elementary School	Level 1	*
Santa Teresa Branch Library	Level 1	*
Santa Teresa Elementary School	Level 1	*
Santa Teresa High School	Level 1	*
Southside Boys & Girls Club	Level 1	*
Stipe Elementary School	Level 3	2:30-6pm
Taylor Elementary School	Level 1	*
The Academy	Level 1	*
Villa San Pedro Apartments	Level 1	*
Village of Four Seasons Unit	Level 1	*

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).



It's The World's Biggest Playground If You Ask Us Kids!

Get face to face with some real cool Animals.
Go completely wild in the many Playground areas.
Run as fast as you want in the Crooked House Meadow.
Laugh as hard as you want at the Puppet Castle Theatre.
Be as loud as you want on all the Rides.

HAPPY HOLLOW
PARK & ZOO

CITY OF
SAN JOSE
LIGHTS UP SEACRIST VALLEY

Parks, Recreation and
Neighborhood Services

(408) 277-3000 or visit us online at
www.happyhollowparkandzoo.org